

May

2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>w/=At LifeWorks Expense @=At Members Expense</p>	<p>Dispatch: 907-414-1267 Activities: 907-414-1267</p>	<p>*Daily Exercises & Excursions</p>	<p>1 National Loyalty Day Paper Tube Doll Walgreens-AM Sportsman-PM</p>
<p>4 Star Wars Day Galaxy Worry Stone Fred Meyers Day</p>	<p>5 Cinco de Mayo Value Village- PM River Song Music Therapy: 10-11am</p>	<p>6 National Beverage Day Mama Bear and Cub Painting McDonald's w/Sm Drink-AM Clock Tower-PM</p>	<p>7 Make A Book Day Decorate your Own Sun Hat Holy Moly Donut w/donut-AM North Bowl- PM</p>	<p>8 World Donkey Day Mother's Day Celebration</p>
<p>11 Ladder Ball National Technology Day Hot Glue Art Walmart Day</p>	<p>12 Roll the Balls National Nutty Fudge Day Library-PM River Song Music Therapy: 10-11am</p>	<p>13 Corn Hole National Frog Jumping Day Water Color Painting Michael's-AM TurnA-Leaf-PM</p>	<p>14 Shuffle Board Dance Like A Chicken Day Popsicle Stick Sun Bath Body/Crumble- All Day ANC</p>	<p>15 Chair Boxing International Family Day "Survivor" Tiki Necklace Kaladi w/small drink-AM Carr's-PM</p>
<p>18 International Museum Day Beaded Flag Craft Target Day</p>	<p>19 Plant Something Day Wild Poppies Painting Valley Movie Theater-PM River Song Music Therapy: 10-11am</p>	<p>20 World Bee Day "Bee Kind" Sign Great Harvest w/cookie-AM Wonderland Park-PM</p>	<p>21 Talk Like Yoda Day Fabric Butterfly @ Lekker Coffee-AM North Bowl-PM</p>	<p>22 National Vanilla Pudding Day Patriotic Gnome Super Thrift-AM Grage Sale-PM</p>
	<p>26 National Paper Airplane Day Paper Airplane Competition Little Miller's-PM River Song Music Therapy: 10-11am</p>	<p>27 World Otter Day Tissue Paper Flower Wall Hanging Revive & Repeat-AM Turn-A-Leaf-PM</p>	<p>28 Whooping Crane Day Whooping Crane Painting Walgreen's-AM Wild Berry- All Day ANC Trip</p>	<p>29 National Snail Day Blooming Button Circle K-AM Member's Choice-PM</p>



May LifeWorks Menu 2026



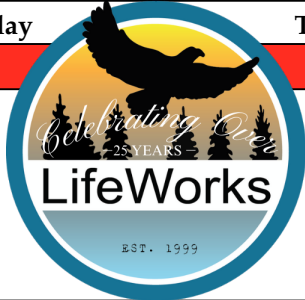
Monday

Tuesday

Wednesday

Thursday

Friday



1

Roasted Chicken
Mashed Potatoes and
Gravy
Corn

Bread Pudding

4

5

6

7

8

Sack Lunch

Meatloaf
Mashed Potatoes
Green Beans

Chile Verde
Pinto Beans
Mexican Rice

Crab Mac and Cheese
Salad
Fruit

Beef Stew
Bread
Salad

Taco Salads
Fruit

Chocolate Pudding

Smoked Salmon Dip

Jell-O

Peanut Butter Cookies

No Bake Cookies

11

12

13

14

15

Breakfast Scramble
Fruit

Butter Chicken
Rice
Veggies

Sheppard's Pie
Rosemary Bread
Salad

Black Bean Chili
Cornbread
Salad

BBQ Chicken Sandwich
Fruit
Salad

Artichoke Parmesan Dip

Rice Krispie Treats

Chocolate Trifle

Fruit Salad

Zucchini Bread

18

Sack Lunch

19

20

21

22

Chicken Adobo
Broccoli
Rice

Reindeer Sausage
Spaetzle
Cabbage

Chicken Cordon Bleu
Casserole
Salad

Grilled Cheese
Tomato Soup
Salad



Memorial Day BBQ

Vanilla Pudding

Ambrosia Salad

Banana Bread

Spinach Dip

Apple Sauce and Grahams

25

26

27

28

29

Beef Tacos
Pinto Beans
Mexican Rice



Lasagna
Garlic Bread
Salad

Chicken and Biscuits
Salad
Fruit

Pot Roast
Mashed Potatoes
Green Beans

Cottage Cheese and Fruit

Jell-O

P.B.&J

Chocolate Trifle

