

September LifeWorks Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	1
	Meatloaf Mashed Potatoes Corn	Chicken and Biscuits Salad Fruit	Beef Tacos Pinto Beans Fruit	BBQ Pork Coleslaw Rolls
	Artichoke Parmesan Dip	Bread Pudding	Jell-O	Vanilla Pudding
7	8	9	10	11
Closed for Labor Day	Cashew Chicken Rice Veggies	Spaghetti & Meatballs Garlic Bread Salad	Chicken Menudo Rice Fruit	Chile Verde Pinto Beans Fruit
	Cottage Cheese and Fruit	Caramel Corn	Banana Bread	Peanut Butter Cookies
14	15	16	17	18
Breakfast Scramble Fruit	Butter Chicken Rice Veggies	Turkey & White Bean Chili Cornbread Salad	Chicken Cordon Bleu Casserole Roasted Zucchini	Sheppard's Pie Rosemary Bread Salad
No Bake Cookies	Ambrosia Salad	Zucchini Bread	Brownies	Chocolate chip Cookies
21	22	23	24	25
Grilled Cheese Tomato Soup Salad	Baked Chicken Cheddar Grits Salad	Red Beans and Sausage Rice Coleslaw	Kalua Pork Rice Fruit	Build Your Own Sandwich Chips Fruit
Rice Krispie Treats	Spinach Dip	Chocolate Pudding	Apple Sauce and Grahams	Cheese and Crackers
28	29	30		
Chicken Adobo Rice Veggies	Pot Roast Mashed Potatoes Green Beans	German Sausage Spaetzle Cabbage		
P.B.&J	Banana Pudding and Nillas	Jell-O		