

August

LifeWorks #1
and Administration
744 E. 13th Ave.
Anchorage, Alaska 99501

LifeWorks Lodge
500 W. Int'l Airport Rd.
Anchorage, Alaska 99518

2026

Monday	Tuesday	Wednesday	Thursday	Friday
Fly Swatter Balloon Ball 3 National Friendship Day Beaded Hair Clips Walgreens River Song Music Therapy: LifeWorks #1 9:45a-10:45a Lodge 12:00p-1:00p	Shake the Balls Out 4 National Chocolate Chip Cookie Day DIY Buttons Botanical Gardens (Scavenger Hunt)	XL Maze 5 National Oyster Day Pinch Pots Cold Stone Creamery w/small scoop (Like It)	Chair Yoga 6 National Root Beer Float Day Paper Mobile Stars of Alaska (10AM) River Song Music Therapy: Lodge 9:45a-10:45a LifeWorks #1 12:00p-1:00p	Indoor Baseball 7 National Water Balloon Day Birdie Painting Scenic View Excursion Bowling-PM
Seated Race 10 National S'mores Day Snail Plant Stake Aviation Museum (10AM) River Song Music Therapy: LifeWorks #1 9:45a-10:45a Lodge 12:00p-1:00p	Cupid Shuffle 11 Mountain Day Mountain Watercolor Painting Target Day 1	Ring Toss 12 World Calligraphy Day Fishing Lure Keychains Target Day 2	Bucket Ball 13 Lefthanders Day Fishing Lure Keychains Beluga Point Excursion @Bells Nursery-PM River Song Music Therapy: Lodge 9:45a-10:45a LifeWorks #1 12:00p-1:00p	Ring on Hook 14 World Lizard Day Table Top Camp Fire Kaladi w/small drink
Ladder Ball 17 National Thrift Shop Day Cardboard Tube Butterfly Duane's Antique Market River Song Music Therapy: LifeWorks #1 9:45a-10:45a Lodge 12:00p-1:00p	Roll the Balls 18 National Fajita Day Science Tuesday: Jolly Rancher Bubbles Soda & S'mores w/small drink	Corn Hole 19 National Photography Day Popsicle Stick Picture Frame Member's Choice Excursion Bowling-PM	Shuffle Board 20 National Radio Day Sockeye Salmon Painting Chevron River Song Music Therapy: Lodge 9:45a-10:45a LifeWorks #1 12:00p-1:00p	Chair Boxing 21 Hawaiian Shirt Day Color Your Own Hawaiian Shirt Bingo & Kincaid Excursion
Toss Across 24 National Waffle Day Dragonfly CD Craft Lake Hood River Song Music Therapy: LifeWorks #1 9:45a-10:45a Lodge 12:00p-1:00p	Indoor Basketball 25 National Heroes' Day Glowing Planets Kobuk	XL Maze 26 International Dog Day Dog Painting Starbucks w/small drink	Chair Yoga 27 National Just Because Day Paper Lantern Ice Cream Cone: Day 1 Flat Top Excursion River Song Music Therapy: Lodge 9:45a-10:45a LifeWorks #1 12:00p-1:00p	Choose the Pattern 28 Power Rangers Day Paper Lantern Ice Cream Cone: Day 2 Harley Davidson
Parachute Ball 31 Eat Outside Day Picnic Painting Valley of the Moon Park River Song Music Therapy: LifeWorks #1 9:45a-10:45a Lodge 12:00p-1:00p	LifeWorks will be attending the Alaska State Fair August: 21, 24, 27, 28, & 31			

Dispatch: 907-644-0480x1

Activities: 907-644-0480x4

w/=At LifeWorks Expense

@=At Members Expense

*=Sack Lunch

